

COVID-19 Resources

National Resources

Rental assistance:

<https://www.211.org/services/covid19>

needhelppayingbills.com/html/emergency_rent_assistance.html

Food Assistance:

feedingamerica.org/need-help-find-food

fns.usda.gov/snap/recipient/eligibility

Crisis Support:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>

Unemployment Assistance:

www.dol.gov/general/location

Senior Assistance:

www.benefitscheckup.org

Small business support:

<https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources>

Financial resources (student loans/debt/foreclosure):

www.consumercredit.com

www.studentaid.gov/manage-loans/lower-payments/get-temporary-relief

Employment and Training:

www.fns.usda.gov/snap/recipient/eligibility

California

Housing:

<https://housing.bayareacs.org/>

www.hud.gov/states/california/renting

<https://www.alterrasanjose.com/wp-content/uploads/2020/04/COVID-San-Mateo-Santa-Clara-Santa-Cruz-Resources.pdf>

<https://www.casaserenafremont.com/wp-content/uploads/2020/04/COVID-CA-Resources.pdf>

Food Assistance:

cdss.ca.gov/home/pandemic-ebt

Washington

Housing:

<https://www.rhawa.org/covid-19#financialrenters>

<https://www.wmfha.org/rental-assistance>

Food Assistance:

<https://coronavirus.wa.gov/information-for/you-and-your-family/food-assistance>