**COVID-19 Resources**

**National Resources**

Rental assistance:

<https://www.211.org/services/covid19>

[needhelppayingbills.com/html/emergency\_rent\_assistance.html](https://www.needhelppayingbills.com/html/emergency_rent_assistance.html)

Food Assistance:

[feedingamerica.org/need-help-find-food](http://www.feedingamerica.org/need-help-find-food)

[fns.usda.gov/snap/recipient/eligibility](http://www.fns.usda.gov/snap/recipient/eligibility)

Crisis Support:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>

Unemployment Assistance:

[www.dol.gov/general/location](http://www.dol.gov/general/location)

Senior Assistance:

[www.benefitscheckup.org](http://www.benefitscheckup.org)

Small business support:

<https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources>

Financial resources (student loans/debt/foreclosure):

[www.consumercredit.com](http://www.consumercredit.com)

[www.studentaid.gov/manage-loans/lower-payments/get-temporary-relief](http://www.studentaid.gov/manage-loans/lower-payments/get-temporary-relief)

Employment and Training:

[www.fns.usda.gov/snap/recipient/eligibility](http://www.fns.usda.gov/snap/recipient/eligibility)

**California**

Housing:

<https://housing.bayareacs.org/>

[www.hud.gov/states/california/renting](http://www.hud.gov/states/california/renting)

<https://www.alterrasanjose.com/wp-content/uploads/2020/04/COVID-San-Mateo-Santa-Clara-Santa-Cruz-Resources.pdf>

<https://www.casaserenafremont.com/wp-content/uploads/2020/04/COVID-CA-Resources.pdf>

Food Assistance:

[cdss.ca.gov/home/pandemic-ebt](http://www.cdss.ca.gov/home/pandemic-ebt)

**Washington**

Housing:

<https://www.rhawa.org/covid-19#financialrenters>

<https://www.wmfha.org/rental-assistance>

Food Assistance:

<https://coronavirus.wa.gov/information-for/you-and-your-family/food-assistance>